

# NCCA STUDENT SERVICES DIVISION

NOVEMBER FAMILY UPDATES FROM SST, EC, AIG & ML DEPARTMENTS

## STUDENT SERVICES DIVISION

The North Carolina Cyber Academy's Student Services Division is dedicated to ensuring that every student is provided with the support, services, & resources needed in order for them to experience growth & success. Our division seeks to provide both equitable & engaging learning opportunities that will support and enhance the development of student's mental, emotional & social wellbeing.

There are 4 different departments that make up our division: Student Support Services, Exceptional Children (EC), Academically & Intellectually Gifted (AIG), & Multi-Language Learners (ML). Our division plans to provide regular communication to our NCCA families throughout the year. We hope that NCCA families will find our newsletters informative and a valued resource that can be used throughout the school year. Feel free to contact your child's school and/or division leaders for any additional questions, comments, or concerns.

We encourage you to visit our [district website](#) for additional details. We wish you and your family well, especially during this time of year. If our team can be of any assistance, please do not hesitate to reach out us.

- Leslie Bryant  
Student Services & Community Engagement District Officer

## EXCEPTIONAL CHILDREN'S DEPARTMENT- DR.

## CRYSTAL VAIL, EC DIRECTOR

# CREATE A WEBEX ACCOUNT TO PARTICIPATE IN IEP MEETINGS

## IEP Meetings

Thank you for supporting your children in the virtual setting in so many different ways. One of those opportunities is attending your child's IEP meeting and participating in the educational decisions outlined in your child's IEP. As you know, we transitioned this school year from Google Meet to WebEx for our IEP meetings. You have been able to access these meetings by clicking on the Google / WebEx calendar invite. Beginning November 14th, you will be **required** to create a WebEx account in order to click on the meeting link in the calendar and join the meeting.

**Please review the following message from our NCCA Technology Director:** *For Webex meetings held with parents, parents will also be required to have a Webex account moving forward (starting on November 14, 2022). Parents can sign up for a free Webex account at: <https://cart.webex.com/sign-up>.*

## Reminder

Starting on November 14th, students will be required to sign in to their Webex account when accessing any Webex meeting, inside of Canvas and otherwise. **Students already need to sign in to Webex in order to view recordings, but beginning on November 14th, they will be required to sign in to Webex to access the initial meeting as well.** If they have not activated their account in Webex yet, students received an email with directions to activate their WebEx accounts. Their account must be activated from the email invitation before they will be able to login and access LLs on the 14th.

Thank you so much for supporting your children on this educational journey. NCCA is so excited to partner with you in providing quality educational opportunities to all of our students!

Dr. Crystal Vail  
Director of Exceptional Children's Programs  
North Carolina Cyber Academy  
984.208.6790

# ACADEMICALLY & INTELLECTUALLY GIFTED

DEPARTMENT- MS. AMANDA SIEG, AIG

## DISTRICT COORDINATOR

### Enrichment

Our Enrichment groups are focusing on the theme of Mysteries. There are Mysteries all across the curriculum. There are mysteries in math, history, science, social studies etc. The past few weeks we have been learning about investigations, detectives, forensics, fingerprints and secret code. We also have plans for two detectives from the Kernersville Police Dept. speak to the students.

### Differentiated Education Plan

A **Differentiated Education Plan (DEP)** is the navigation tool that your child's teacher uses to meet his/her needs as a gifted student. It states the service options that will be used, the content modifications that will be made, and the enrichment opportunities that are available for your child. We are currently in the process of creating new DEPs for our gifted students. Once the DEPs are finalized, we plan to meet with parents/guardians very soon to go over the details. It's important to review DEPs each school year to ensure that every child is progressing.

### [Is your child a \*\*PERFECTIONIST?\*\*](#)

This link will take you to a pdf that has good information about gifted students and perfectionism.

Amanda Sieg

AIG Coordinator

email: [asieg@myncca.com](mailto:asieg@myncca.com)

984-212-5621



## THE MAGIC IS IN THE MESS

Brene Brown



## WRITING COMPETITION

Every year, the [EngineerGirl](#) website hosts a contest dealing with engineering and its impact on our world. The topic and detailed instructions for the contest are posted on the website, with a deadline for submissions on February 1, 2023. Winners are announced in the spring.



## NC ASSOCIATION FOR THE GIFTED AND TALENTED

[LINK](#)

# STUDENT SUPPORT SERVICES-DR. MAGGIE BUSH, DIRECTOR OF STUDENT SUPPORT SERVICES

## NOVEMBER IS NATIONAL HOMELESS YOUTH AWARENESS MONTH

November was first declared National Homeless Youth Awareness Month in 2007. Since then, this month has been a time to acknowledge those children and families experiencing homelessness. Public school data reported to the U.S. Department of Education during the 2018-2019 school year shows that an estimated **34,765** public school students experienced homelessness over the course of the year.

**What Can you Do to Help?**



Write letters to community leaders and lawmakers to urge them to support laws that will help homeless people. Volunteer time to an organization working to support people who are homeless. Donate clothes, especially socks, personal hygiene items, school supplies, etc. to a shelter or an individual in need.

### What is McKinney-Vento?

[The McKinney-Vento Act](#) ensures educational rights and protections for homeless children and youth. Various living arrangements meet the McKinney-Vento definition of homeless, thereby qualifying the child or youth as eligible for services under the Act. If you feel that your child may qualify for the McKinney-Vento Act, or have additional questions, please contact **Twala Timmons**, NCCA's McKinney-Vento Liaison, at (984) 208-6703.

## BRAIN BREAKS

According to Everfi, much of what your children are doing while learning academic material requires the use of their prefrontal cortex (PFC) the part of the brain responsible for “think-work”. If left to run on overload, the PFC will fatigue, meaning children will struggle to retain new information or give forth their best effort.

Setting aside time for brain breaks is *so important* for our students to prevent PFC fatigue, especially during virtual learning when hours are spent in front of a computer screen. Judy Wills, in an article from [Edutopia](#), indicates that “brain breaks should take place before fatigue, boredom, distraction, and inattention set in,” and “As a general rule, concentrated study of 10 to 15 minutes for elementary school and 20 to 30 minutes for middle and high school students calls for a three- to five-minute break.”

### Tips to help get you started with brain breaks:

- Try to keep most brain breaks to under 5 minutes, but some students may need longer breaks especially after long periods of schoolwork
- Use a countdown timer so your child knows when the break is over
- Create a master list of brain breaks to choose from or use a ["brain break wheel"](#)
- Read about [best practices for using brain breaks](#)
- Explore this [list of virtual brain breaks](#) that can be used for at home learning environments

## I-READY DIAGNOSTIC FOR K-9

The next i-Ready Diagnostic for grades K-9 will take place starting the week of **November 28th**. You can find additional resources, including information about the Diagnostic, at the i-Ready Family Center (<https://i-readycentral.com/familycenter/>).

NCCA will hold an **i-Ready Information Session for Learning Coaches** on Thursday, November 17th from 3:30-4:00.

Access information for the i-Ready Information Session:

[Join Webex meeting](#)

ID: 26200543556

Password: tjBhhDzX762

(US) +1 650-479-3208 (toll)

Access code: 2620 054 3556

## SUPPORTING ALL STUDENTS LEARNING COACH HUB

In an effort to support ALL of our students at NCCA, plans are in place to develop Learning Coach Hub meetings for parents of students with learning challenges and special needs. We are looking for input regarding topics that parents would like to cover in these meetings. Please respond to [this survey](#) by 11/30/22.

## MULTI LANGUAGE LEARNERS DEPARTMENT-

MS. NAOMI MONSON, ML DISTRICT

COORDINATOR

## LIVE LESSON ATTENDANCE

Routines help a child predict what is coming next so they can become independent. Please remember that live lesson attendance provides many benefits including interaction with the teacher and students, explanation of concepts, and the ability to ask questions. Growth in learning is correlated to live lesson attendance.

Please remember your ML class (or ESL class) is there to provide you the same benefits so you experience growth in your language journey. If you have been assigned to Language Live!, please complete the assigned practice as this will also help you in your personal growth in language. Students who attend live lesson for the month of November will receive a small award in the mail from your teacher.

Please remember to write your "[Letters of Gratitude](#)" this week for Veterans. This is the student's writing project for this week. I am also including a free website in both English and Spanish to encourage reading and writing at home.

[Literacy Central](#)

## Upcoming Field Trip

Do you like science and hands-on activities? Look for an invitation to explore downtown Greensboro which includes the Science Museum and Central Library. Real life experiences helps your child make connections to their learning. I hope to see you there!

Ms. Monson  
ML Coordinator/Lead Teacher  
Phone # (984) 208-6591

# UPCOMING DISTRICT EVENT

## HOSTED BY OUR EASTERN PARENT REPS

[Simply Creamery in Ayden, NC](#)

Stay tuned for more learning events and social engagements....



[Community Service to the Raleigh Food Bank](#)

More opportunities coming soon for you to serve within your local area.....

## NCCA PARENT REPS

Join parents across NC to help organize both educational and social events. We are separated into 3 regions (Western, Central & Eastern). If you are interested in helping plan events or just have some great ideas, then we would love to have you join us. [Click here](#) to sign up for the team.

We will have monthly meetings for all of our parent reps plus any other parents who would like to join. This meeting will be set up to share out events taking place throughout our regions,



hear district news and also provide the district with feedback about the NCCA experience. **Our next meeting is scheduled for Thursday, November 10th at 7pm.** Access info is as follows:

[Join Webex meeting](#)

ID: 26205927058

Password: CXpt3Q7Rf38

Lastly, we have created **FACEBOOK** pages for each of the regions. Join your local area, but feel free to join as many as you like. Links to each Facebook page are below:

[Western](#)

[Central](#)

[Eastern](#)

